



UNIVERSITATEA BABEŞ-BOLYAI  
BABEŞ-BOLYAI TUDOMÁNYEGYETEM  
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TRADITIO ET EXCELLENTIA



Erasmus+

# HEALTH4MEDIA

## BLENDED INTENSIVE PROGRAMME

Babeş-Bolyai University, Cluj-Napoca, Romania



Online: April 01-02, 2025

On-site: April 07-11, 2025

### Who Should Attend?

Bachelor's and Master's students in Journalism, Communication, and Psychology, with a B2 level in English

### Why Join Health4Media?

- 1 Gain insights into mental health issues faced by media professionals
- 2 Learn coping and self-care strategies
- 3 Connect with peers in an engaging environment

### Interested?

Contact the Erasmus office at your university

